

Effective documentation process on pain management in al ain hospital

Parro Marilyn V
Al Ain Hospital, UAE

The overall aim of this audit is to establish standard documentation process on pain assessment, reassessment and follow up, patient and family education including appropriate prescription of medications for PACU and ward Nurses that covers Acute Pain Service 24/7 in Al Ain Hospital in the management of pain. The multidisciplinary healthcare team is responsible for documenting the results of assessments, treatment plans and on-going progress notes regarding the resolution/management of the individual's pain.

The Joint Commission standards on pain management address the documentation of assessment and reassessment. Yet, little has been published to describe when and how nurses perform and communicate reassessment of pain.

There are 15 criteria's set to which nurses need to comply in management of pain documentation that can only be answered with "yes" and "No", with the target rate of 100% the rest are patient's demographics.

The audit started last May 1, 2016 and end on Aug 1, 2016. All patients that availed Acute Pain service were all recipient on this documentation review made by nurses assigned including the continuity of service in the ward except patients who had PCEA in Labor and delivery and those who have spinal morphine.

Biography:

Marilyn V. Parro has been in Al Ain Hospital PACU Nurse since 2009. In her 24 yrs as RN, Marilyn has worked in almost every aspect of healthcare. Early in her career she gained experienced working in Philippines prior to work overseas. Her career highlighted as Anesthesia Nurse in Military Hospitals in Saudi Arabia before joining American Hospital Dubai and Al Rahba Hospital in Abu Dhabi. Then after she concentrate in Post Anesthesia Care Unit and Pain Management.

She has a wide range of expertise in healthcare, from policy making, pharmaceutical and medical equipments commissioning requirements. She had the experienced to set up Dubai Medical Suite of DHCC as PACU In-charge. Initiate to start up as Training Manager in Sama Abu Dhabi Homecare Center prior to joined Al Ain Hospital and set up PACU unit.

She was one of the recipients of the highest award for Nurses in UAE on 2005 given by Emirates Nursing Association. She was an inducted member since 2008 of Sigma Theta Tau International Honor Society of Nursing, an affiliated member of Upsilon Eta Chapter, National University of Singapore.

Marilyn received her Master's Degree in Science in Healthcare Management from Royal College of Surgeons in Ireland, Dubai Campus, Class of 2009.