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Food/Nutrition: Healing from Arteriovenous Malformation Tumors

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Arteriovenous malformation tumors are tumors that can form inside or outside the body. These tumors can take the blood supply needed for brain and heart function. Therefore, some of the complications may be but not limited to strokes, heart attacks, blood clots. These tumors can go years without being detected in your body and these tumors can disfigure your body. During the presentation, the presenter will show certain examples of the tumors and the effects on the body. The presenter will discuss the two year and present journey of being treated for an avm. Participants will obtain information on healthy eating and foods that can serve to lessen side effects. In addition to food information, lifelong nutrition alternatives will be shared. Based on the “making healthy choices” information, the presenter will discuss foods that may decrease the incidences of illnesses and disease. Likewise presenters will receive a list of articles and studies that are being conducted related to diagnosing avms.

Biography:

Cassandra Sligh Conway a full professor at South Carolina state university. Cassandra have book chapters, journal articles, one book in press through igi publication entitled, faculty mentorship at hbcus (february 2018, in press), and several refereed journal articles. Cassandra have been a faculty member, chair, and coordinator at SCSU and teach in the rehabilitation counseling program.